

ROTOVUE

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STATION SAFETY EXPO



Have fun and learn more about safety at the Staff Noncommissioned Officers Club on May 20

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CRIME NEVER PAYS

But this program does pay up to \$2,500 for tips

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IPAC IN THE FIELD

Admin gets dirty in the woods

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Ospreys fly at full tilt



Lance Cpl. Ezekiel Kitandwa
See page 2
for more information

FLIGHTLINES

Station hosting safety expo

Find out how difficult it is to react in a vehicle after drinking alcohol on Friday at a Safety Expo sponsored by the Safety Office here.

It all happens from 11 a.m. to 3 p.m. at the Station Staff Noncommissioned Officers Club.

See page 3 for more information.

New River Open House

New River is hosting an Open House on May 25, featuring the Canadian Forces Snowbirds Jet Team as they demonstrate their aerial abilities.

Also featured are the U.S. Army "Golden Knights," considered to be the world's best parachute team.

Gates open at 11 a.m., and the show starts at 1 p.m. The show is free and open to the public.

During the Open House, from 1 to 4 p.m., there will be limited access to the Station housing areas.

Speed into the Coca-Cola 600

NASCAR fans have one more reason to cheer Memorial Day weekend as stars of the hit FOX television program, "American Idol," take the stage as part of the pre-race show at the Coca-Cola 600 at Lowe's Motor Speedway in Concord, N.C.

Joining the Idols will be the show's popular host, Ryan Seacrest, who will emcee the pre-race activities and introduce drivers. As part of the festivities, 12 children of North Carolina servicemen and women currently serving overseas will participate in the show as Grand Marshals.

Affordable tickets for the event are still available online at www.lowesmotorspeedway.com or by calling 1-800-455-FANS.

Naval Academy visiting Station

A Marine representative from the Naval Academy is visiting here June

15 from 10 to 11 a.m. at the Station Theater to raise awareness about the opportunities that the Naval Academy has to offer.

All Marines are invited, especially supervisors so they can advise young Marines about the opportunity to attend the U.S. Naval academy.

The brief will cover requirements and contact information.

These school seats are routinely left vacant offering a great opportunity for the right military members.

Crime Stoppers benefit ride

Crime Stoppers of Jacksonville/Onslow County are sponsoring a benefit ride on June 4 to raise money for their program.

Registration is at 9 a.m. on the day of the event.

The cost is \$10 for the ride and door prizes and lunch are provided.

The benefit ride starts at 10 a.m. at New River Harley-Davidson at 2394 Wilmington Highway and proceeds around Onslow County with predetermined stops. The ride ends at Hooters Restaurant on Western Boulevard.

A raffle for \$5 is also being offered, and the winner will receive a 2005 Harley-Davidson Sportster.

For tickets or information, contact Ray Geller at 455-1472, ext. 6427.

MARPAT survey online

Infantry Combat Equipment, Marine Corps System Command, is conducting a survey to find out how the new digital camouflage uniform is holding up.

The survey is available online at <https://192.156.75.117/survey/combatutil2005.nsf/utisurvstart?openform>.

MAG-29 hosts marriage class

The Marine Aircraft Group-29 Chaplains Office, with help from the Marine Family Service Center, are conducting one-day marriage enrichment workshops during May.

The classes include: pre-marriage workshops, Song of Solomon couples faith study, financial man-

agement for couples and stress management classes.

For time, location or information, call the MAG-29 Chaplains office at 449-6866 or go to page 22.

Club lunches change days

In an effort to better serve all members and guests, the Staff Noncommissioned Officers Club is now open Monday through Thursday each week for lunch from 11 a.m. to 1 p.m.

The Officers Club is open for lunch Tuesday through Friday each week from 11 a.m. to 1 p.m.

All hands are invited to dine at either location.

For more information, call the SNCO Club at 449-6707 or the Officers Club at 449-6409.

Leave conduct pledge

A pledge for Marines going on leave has been implemented to raise safety awareness and help to ensure the safe return of Marines from leave.

The pledge is currently in effect, and units are directed to use NAVMC-3 (REV. 2-05) for all leave authorizations. The NAVMC-3 (REV. 2-05) contains the leave conduct pledge which the Marine and

first supervisor in the leave approval chain must sign before departing.

The activation of this policy further emphasizes the importance of safe and professional conduct by all Marines, both on and off duty and is a vitally important tool for improving safety awareness and preserving overall combat readiness.

Consult Marine Administrative Message 134/05 for more information.

Marine EO reps needed

Marine Administrative Message 189/05 states the need for Marines to serve as equal opportunity advisors.

Once they have completed school, Marines are assigned to major Marine Corps commands to provide information, assistance and advice to commands, Marines, Sailors and other servicemembers.

Marines must be staff sergeants through master gunnery sergeants.

Consult MarAdmin 189/05 for more information.

On the cover

Two MV-22 Ospreys from Marine Tiltrotor Test and Evaluation Squadron-22 fly over the flightline on May 12. The two Ospreys were part of a training operation involving seven of the squadron aircraft.

'Ironhorses' back from Djiboutian scene



Sgt. Wayne Campbell

"Ironhorses" from Marine Heavy Helicopter Squadron-461 greet their families during a return ceremony held at the squadron hangar May 7. The Marines were deployed for approximately seven months and helped rebuild the region's stability.



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If you have any comments or suggestions you may also contact the public affairs office at (910) 449-6196 or fax (910) 449-6478.

BRAC misses New River

Master Sgt. Brenda Donnell
correspondent

New River was not on the Base Closure and Realignment list released by the Secretary of Defense on May 13, but Camp Lejeune and MCAS Cherry Point were both recommended for realignment by the Department of the Navy.

Due to the close relationship of the three bases, however, the Station may be affected. If and how are only speculation since the BRAC recommendation process is still in its initial phases.

According to the Defense Base Closure and Realignment Act of 1990, after receiving the recommendations from the Defense Secretary, the BRAC Commission must conduct public hearings on the recommendations.

After the Commission finalizes its recommendations, they

must send the list to the president who must then send a report containing his approval or disapproval of the Commission's recommendation to both the Commission and to Congress not later than Sept. 1 of any year.

Once the final list is approved, the results are expected to save taxpayers \$48.8 billion dollars in a period of 20 years.

The BRAC recommendations were developed in a process that began in 2001, with the initiation of a review of how U.S. forces are arrayed overseas, according to a May 13 Defense Department release. Prospective changes to the department's global posture were fed into the analysis and recommendations.

As a result of closures and realignments, forces coming home will return to installations better arrayed to train and deploy for possible contingencies around the world.

HMM-266 sergeant major hands over the reins

Lance Cpl. Michael Angelo
correspondent

Sergeant Major Pedro Malu relinquished his duties as Marine Medium Helicopter Squadron-266 sergeant major in a post and relief ceremony Friday at the squadron hangar.

The acting squadron sergeant major is Master Gunnery Sgt. James B. Hanagan.

Hanagan enlisted in January 1977 and has been with the



Sgt. Maj. Pedro Malu

squadron since October 2002. He has been the squadron's maintenance chief since June 2003.

Over the last several months, Malu, as well as Sgt Maj. William H. Bly Jr., Marine Aircraft Group-29 sergeant major, and all of the other sergeants major have advised and assisted him as he prepared for the position, said Hanagan.

Malu, who was born in Pedro De Macoris, Dominican Republic, and raised in Brooklyn, N.Y., has been the sergeant major of the "Fighting Griffins" since May 15, 2001 and retired after the ceremony.

For the first 22 years of his 27-year career, Malu was an infantry Marine, never having any knowledge of the air wing, he said.

"The Marines were motivating and hard working. This is one of the finest units I've worked with, and there is no better unit to end with. I'm a 'Fighting Griffin' now and I will be for the rest of my life."

While afloat in the Mediterranean, Malu served as 2nd Battalion,

8th Marines company first sergeant for Company G and Headquarters and Service Company when he was selected for sergeant major. He said since the squadron was in need of a sergeant major, he volunteered for the job.

Malu said the transition from his Marine family to his civilian family will be difficult, but he understands this is a cycle Marines must undergo – following, leading, training new leaders and allowing them to take control.



Master Gunnery Sgt. Donald G. Hanagan

Station to address safety at upcoming expo

Cpl. Steven R. Sawyer
correspondent

Station officials are hosting an outdoor Safety Expo at the Staff Noncommissioned Officers Club on Friday.

The expo is intended to address safety concerns that Marines and Sailors here might face during the upcoming summer season, according to the safety manager for the Department of Safety and Standardization, Robert L. Livingston.

"What we're trying to do with this expo is to use the opportunity to get the message of safety across as a culture, as culture effects part of everyday life," said the Columbus, Ga., native. "We are bringing a lot of fun and involving activities in, and trying to get everyone involved in finding ways to continually mitigate risk and improve (operational risk management)."

According to Marie S. Silence, a Department of Safety and Standardization safety specialist from Jacksonville, N.C., the focus is on those activities that servicemembers may be participating in this summer.

"We want to get people to start thinking," said Livingston. "This is a lead into the 101 Days of Summer. This is such a dangerous time for Marines and all servicemembers, and we're trying to get people some expertise to help prevent accidents."

Some of the activities planned for the Safety Expo include: the North Carolina Highway Patrol with its "drunk driving" simulator; the N.C. Alcohol Law Enforcement agents who will bring go-karts for people to drive on a small marked course wearing "drunk goggles;" the Emergency Medical Services who will extract a volunteer from a damaged vehicle; local electric company personnel who will give demonstrations on electric safety and provide hurricane preparedness tips; and the "Convincer," a fully operable simulation which puts the "driv-

er" through a wreck at 5-7 mph.

Jacksonville Police Department personnel with their D.A.R.E. car will talk about drug abuse and violence. Marine Fisheries personnel will also address boating and hunting safety.

Free boating inspections will be provided by the Coast Guard Auxiliaries.

There will also be a number of prizes and give-aways during these events, according to Silence.

"Safety needs to be a full-time awareness, not just something you focus on after someone gets hurt," said Livingston. "As time goes on, people get complacent. We're hoping to use the information learned by others."

"Everybody has to be their own safety officer. If you have a car wreck, the commanding officer isn't going to be the one directly responsible. It will be you who are behind the wheel. It's up to you to learn and use that knowledge every day."

Need for Speed program aims to improve driving

Lance Cpl. Brandon M. Gale
correspondent

The year-long Need for Speed Safe Driving program aimed at improving driver safety among Marines and Sailors continues with a four-day series of classes to be held at Marine Corps Base, Camp Lejeune, N.C.

These presentations are being given in an effort to combat the 101 deadly days of summer, said Marie L. Silence, Station safety and occupational health specialist. The summer season is the most common time for Marines to be involved in traffic accidents.

"This is all being funded by Headquarters Marine Corps," said Silence. "They hope to see an all out effort to reduce

accidents."

The campaign's first phase was a safety brief by the Driven 2 Dare Racing Team in March. The team held presentations here and at Camp Lejeune dealing with automotive purchasing, maintenance and safety improvements.

"The ultimate goal is simply to reduce the number of motor vehicle crashes," said Master Sgt. Mark A. Schneider, Camp Lejeune Installation Security and Safety special projects officer.

The training will focus on three major areas. The first class, beginning May 19 and being presented each of the four days at 8 a.m., in the Goettge Memorial Fieldhouse, will be open to all servicemembers and civil-

ians assigned to the greater Camp Lejeune area.

The class will emphasize recreational vehicle safety when operating dirt bikes, street bikes and four wheelers that Marines may be using this summer, said Schneider.

The second class, called Train the Trainer, will be presented in the afternoon of the 19th, 23rd and 24th at the base stable lodge, and on the 20th in the commanding general briefing room in Building 1.

Schneider said the Train the Trainer classes stress a goal of leadership by example from noncommissioned officers and junior officers, because they have the most impact through their daily contact with young Marines.

Also on the 24th, a class targeting family

members, especially wives, will be held at the Midway Park Theater at 6 p.m.

The instructor will be Driven 2 Dare's Sandy Rose Bauler, a stock car racing instructor and motivational speaker.

According to its website, www.d2dracing.com, the family presentation was created for women by women.

Bauler will cover topics such as roadside safety, facts about child seats, and tips for buying a car.

Similar vehicle safety programs will continue for the rest of the year.

"I believe that Marines are taught by muscle memory," said Schneider. "The more you talk about safety, the safer they are going to be."

PPV topic of town hall meeting

Lance Cpl. Brandon M. Gale
correspondent

Approximately 100 people attended a town hall meeting at the Station Theater on May 5 to get information about the upcoming change to public private venture for military housing.

Representatives from Naval Facilities Engineering Command and Actus Lend Lease, which will become Atlantic Marine Corps Communities when its partnership with the Department of the Navy is finalized, discussed how the change will affect families currently living here.

“The Navy owns 70,000 houses worldwide,” said Jim Harris, NavFac spokesman. “Over half of them are inadequate compared to today’s standard.”

Putting base housing into the hands of a private company will lead to improvements in the quality of life for servicemembers living here, he said.

With this change, residents will lease from and pay rent to Atlantic Marine Corps Communities.

The rent will be equal to the amount of basic allowance for housing the servicemember already receives. Leases will initially be for six months, and then they will be renewed on a month-to-month basis.

“We’ve learned that with PPV, we can provide housing much faster, and we can vastly improve

maintenance and management because of the cash flow into the project,” said Harris.

According to Ray Russell, Actus Lend Lease senior development manager, his company is committed to improving base housing.

He said the goal is to bring the level of quality up to what is seen in the private sector outside the Station gates.

The plans include the demolition and reconstruction of 81 houses and total renovation of all remaining homes. Residents learned that electricity, water, trash removal and \$10,000 of insurance will all be covered by their monthly rent payment.

Tentative floor plans for the new, model homes were on display in the lobby of the theater, but as was often heard throughout the meeting, many aspects of the project plans have yet to be finalized.

“I wanted to learn timetables,” said Staff Sgt. Michael A. Salyers, Marine Aviation Logistics Squadron-29 dynamic component mechanic.

“How much will I have to pay out of pocket? What’s going to happen to the 81 families? I wanted to hear something other than ‘nothing is finalized.’”

More community meetings to address the concerns and unanswered questions of the residents are planned for the months ahead.

Representatives said the project should begin in October.

MAG-29 focuses on combat leadership

Lance Cpl. Jeffrey A. Cosola
correspondent

Field grade officers and top enlisted personnel in Marine Aircraft Group-29 received a professional military education class on combat leadership at the Station Officers Club on May 6.

Lieutenant Gen. James F. Amos, II Marine Expeditionary Force commanding general, was invited to speak to the “War Eagles” leaders about military tactics and lessons learned during Operation Iraqi Freedom I and II, said Col. Mark D. Mahaffey, MAG-29 commanding officer.

“The intent was to provide guidance and direction to field grade officers to help them see the world a bit differently,” said Mahaffey. “It exposed them to future issues they’re going to deal with and exposed them to issues they might face as squadron commanders and maybe flag officers someday.”

Amos related insight about fundamental topics that face senior leadership during combat operations.

“Everyone rides on convoys, even me. We need to know how to shoot, and not just for pizza boxes or crossed rifles, but to kill.”

He also covered the complex question of courage versus foolishness, and when it’s proper for a pilot to put his aircraft in danger from a command standpoint.

“Being courageous and manly does not equal losing an airplane,” said Amos. “There’s a time to ride into the gates of hell, but it’s not as often as you think.”

The PME helped the Marines understand the reasons why something happens when you’re out there, and you don’t realize it’s because a larger piece of the overall pie is moving, said Sgt. Major Wiiliam H. Bly Jr., MAG-29 sergeant major.

“From the general’s standpoint, he sees the bigger picture,” said Bly. “Sometimes, we’re focused on our small piece of the pie, and he helped to shed some light on those issues.”

Amos has made a career of leading in combat situations, and it was important to get his perspective on those concerns, said Mahaffey.

“You need to trust in your instincts and learn to become comfortable with the decisions that you make,” said Mahaffey.



24 hour local Crime Stoppers hot line: **938-3273**

Awards and Promotions

Marine Aviation Logistics
Squadron-29

Promotions

Sgt. C. C. Barraza
Sgt. J. L. Brady
Sgt. C. D. Chiles
Sgt. W. M. Jolly Jr.
Sgt. A. C. Micale
Sgt. N. J. Saucedo
Cpl. M. C. Alexander
Cpl. S. M. Bryne
Cpl. K. R. Ross
Cpl. S. R. Smith
Lance Cpl. J. C. Lamb
Lance Cpl. K. D. Morrison
Lance Cpl. R. T. Russell
Lance Cpl. C. Saldarriaga
Lance Cpl. J. R. Simmons
Lance Cpl. J. T. Spaar

Pfc. R. M. Brown
Pfc. S. E. Macias
Pfc. Y. S. Smith

Navy and Marine Corps
Commendation Medal

Gunnery Sgt. A. Lardo
Gunnery Sgt. A. R. Stewart

Navy and Marine Corps
Achievement Medal

Sgt. E. C. Wilson
Cpl. E. L. Gonce

Certificate of Commendation

Sgt. S. I. Ortiz
Sgt. P. P. Russo
Cpl. R. Fajardo
Cpl. R. A. Mobley
Lance Cpl. J. L. Watson

Welcome Marine Medium
Helicopter Squadron-265
Reunion members



Where will you be on May 25?

See page 28 for more information.

ARFF Marine named Servicemember of Month

Lance Cpl. Paul W. Gooden earns Chamber of Commerce honors

Sgt. Andrew W. Miller
correspondent

The Jacksonville/Onslow County Chamber of Commerce and Military Affairs Committee selected Lance Cpl. Paul W. Gooden Jr., a firefighter with Aircraft Rescue and Fire Fighting here, as the "Servicemember of the Month" for May.

According to his nomination letter from Master Sgt. Kert Lang, ARFF staff noncommissioned officer-in-charge, the institutional core values of honor, courage and commitment are evident in every act Gooden participates in.

"This Marine was nominated because in my 20 years of experience, he has set a standard I've only seen accomplished once before," said Lang, from Troy, N.H. "His

work ethic and professionalism are well above what is expected of a Marine in his grade."

Lang went on to say that because of these qualities, Gooden's subordinates follow him out of trust and respect.

"This Marine is on the right track. He's mature, reliable, dedicated and his thirst for knowledge can't be quenched," he said. "He's everything we want in our Marines. As leaders, we all strive for those to be the reasons our troops follow. As a lance corporal, he's doing it. That's enough for me."

Since enlisting into the Marine Corps, which ironically was on Nov. 10, 2003, and graduating recruit training as a meritorious private first class, the Albany, Ga., native has made several significant accomplishments thus far in his young career.

According to Bob Dupuis, Progress Energy federal accounts manager and member of the COC/MAC, from April to August 2004, he was assigned as a student at Goodfellow Air Force Base, San Angelo, Texas.

In August, he was assigned as an Aircraft Rescue Fire Fighter here.

Since his arrival, he has completed the High Mobility Multi-purpose Wheeled Vehicle course, the Coxswain Boat Handler course, Fire Officer I, Fire Instructor I and all the while staying proficient in his basic Marine Corps training.

He maintains his expert status with the rifle, a first class physical fitness score, has completed six Marine Corps Institutes and was named the Headquarters and Headquarters Squadron Marine of the Quarter for the second quarter of 2005.

One of his future plans includes returning to Goodfellow AFB as an instructor in his field.

"He indicated that only the best in firefight-

ing are asked to go back as instructors, and he wants to be the best," said Dupuis. "That was his same reply when asked why he decided to join the Marine Corps, 'To be the best.'"

Gooden was honored during a ceremony held at the MCB Camp Lejeune Officers Club on May 16.

According to the Jacksonville/Onslow County Web site, each month the Military Affairs Committee selects one servicemember who exemplifies what it means to be a Marine or Sailor to honor with the award.

The Military Affairs Committee is dedicated to remind members and the majority of citizenry that it is a privilege for this community to serve as the home of Marine Corps Base, Camp Lejeune, MCAS New River and the Fleet Marine Force stationed in Onslow County.

For more information about the "Servicemember of the Month" award, contact the Military Affairs Manager at 347-3141, ext. 25 or e-mail at info@jacksonvilleonline.org.

IPAC Marines learn field training lessons, prepare for combat

Story and photos by
Lance Cpl. Brandon M. Gale

The phrase, “Every Marine a rifleman,” held true as the Marines of the Installation Personnel Administration Center underwent field training at Camp Devil Dog, located on Camp Geiger, N.C., on April 22.

The purpose of the field training exercise was to test the endurance level of the Marines and to see if they could use teamwork and leadership skills, said Sgt. Chicnee A. Brown, IPAC pay and promotion noncommissioned officer-in-charge, and event organizer.

After a 4:30 a.m. formation, the approximately 50-member platoon began the hike to Camp Devil Dog where, despite blisters and pulled muscles, they arrived ahead of schedule.

“The pace of the hike was between three and four miles per hour,” said Sgt. Gregory E. Harris, Headquarters and Headquarters Squadron training NCO. “As expected, the morning started off rocky, but we pulled it together.”

The next event was the endurance course, which each of the four squads maneuvered through separately.

The obstacles included wall climbs, rope swings and cargo net climbs. Brown said she noticed the Marines started to enjoy themselves while running through the course, acknowledging the fact that administration personnel don’t often get the chance to take part in outdoor training.

“This is a motivational thing for them,” she said. “It gets boring being in the office all day.”

After a break for lunch, the platoon gathered at the Military Operations in Urban Terrain training area for a period of instruction on how to properly move through hostile

neighborhoods.

The lessons of MOUT included how to clear rooms held by an enemy and the best way to cross open areas. These are important tactics the Marines may need to know if they are ever deployed, according to Staff Sgt. Brandon D. Morris, School of Infantry instructor.

“Yes, we’re in ‘admin,’ and the probability of us going into urban warfare is pretty slim, but we’re all Marines, and we need to know the techniques,” said Brown.

That sentiment was echoed by Lance Cpl. Kraig A. Jackson, IPAC diary clerk, who said he realizes the common impression of administration Marines is that they “push pens,” but when the need arises, they can get out there in the dirt, too.

Jackson said the things he learned from the MOUT training, such as how to “pie” off doors and windows, were “pretty cool.”

However, Brown said the important lessons to be learned are harder to teach than combat skills.

“I hope they are learning camaraderie, leadership and attention to detail,” she said. “We’ve had about eight new Marines join us within the last two weeks. I’m hoping to see some of these senior lance corporals take charge.”

The temperature for the day approached 85 degrees, making the hike back to the Station the final challenge for the IPAC Marines to overcome.

The tired and dirty group arrived here at approximately 5 p.m., and the Marines returned to their normal jobs on the following Monday.

“Field training breaks up the monotony of our daily schedules,” said Harris. “Out in the field, it’s just you and nature.”



(Top) A Navy Corpsman bandages the foot of an Installation Personnel Administration Center Marine after the hike to Camp Devil Dog, located on Camp Geiger, N.C. Marines developed blisters and pulled muscles during the field training exercise. (Left) Sergeant Timothy P. Collins, IPAC permanent change of station noncommissioned officer, prepares to march the IPAC platoon. (Bottom) An IPAC Marine moves through a simulated hostile environment during training in the Military Operations in Urban Terrain on Camp Devil Dog.



Installation Personnel Administration Center Marines practice combat movement drills during their field training exercise at Camp Devil Dog on April 22. The platoon spent a full day in the field refreshing the skills necessary for survival in combat situations.

Roto View

If you could pick a Hollywood actor to portray you in a movie, who would you pick and why?



“Sylvester Stallone because he is always in action movies.”

Staff Sgt. Tim L. Glore, construction supervisor, Headquarters and Service Battalion, Bismarck, Mo.



“Russle Crowe because he is a good action star and as Marines we all like action, at least that’s what we advertise.”

1st Lt. Thomas F. Short, Cobra pilot, Marine Light/Attack Helicopter Squadron-167 Normal, Ill.



“I would choose Brad Pitt because I’m so sexy.”

Lance Cpl. William A. Woods, Aircraft Rescue and Firefighting, Marine Wing Support Squadron-272 Buena Park, Cali.

Book review: United States Constitution

Lance Cpl. Jeffrey A. Cosola
correspondent

A young man faces a podium; the national ensign and a group of military service flags stand watch at the back, sentries unmindful of his anxiety. His heart pounds in his chest, and he’s surrounded by strangers in an otherwise empty room. A figure opens a door behind him, and the room is called to attention. This is it; he stares over the edge of the cliff. Locking eyes with the unknown, he raises his right hand.

"I do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God."

Each person in the room repeats after the swearing officer, pledging to defend with their lives what might be seen as nothing more than a sheet of old paper.

Swearing that oath will begin a journey taking the few who’ve chosen to serve, to the edge of their limits and away from friends, family and everything they’ve known.

Servicemembers have each raised their hands and sworn the oath, substituting their lives for the preservation of an idea.

History class causes military members to become familiar with the United States Constitution, but be prepared to make the ultimate sacrifice, we should strive to be more than just acquaintances with it. We need to know it; we need to understand why we bleed for it.

The constitution is a basis for our society, a society whose ideals are spelled out in the preamble: “We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity do

ordain and establish this Constitution for the United States of America.”

The constitution is an adaptable document that allows each citizen to have a voice and be counted. It’s a system of checks, balances and safeguards that demonstrates the forward thinking genius of our forefathers. It can be both specific, in listing the various powers of Congress, or general, leaving for future discretion specific to time and century.

One example, Clause 18 reads: “To make all Laws which shall be necessary and proper for carrying into Execution the foregoing Powers, and all other Powers vested by this Constitution in the Government of the United States, or in any Department or Officer thereof.”

The ability for the government to adapt to changes allows America to avoid becoming stagnant.

Foreign governments, such as the Taliban in Afghanistan,

without clear purpose, often trap themselves in old thinking that leads to their demise.

Military members swear in the oath to obey the president as the commander-in-chief of the military. The office of the President of the

United States is laid out in Article II of the constitution, listing powers and duties. Most notably, America takes for granted, that every four years, the most powerful position in the world can be given away without a bloody revolution. Tanks do not roll through the capital to preserve the outcome of contested elections; losing parties do not overthrow the government. The constitution demands this, and as a people we’ve come to expect it. As a military, we fight to preserve it.

Watching over Congress and

the president is the Supreme Court, a group of wise men and women who, like servicemembers, protect the constitution. Justices do not stalk the streets of Falluja, and they don’t fly helicopters. Justices protect the constitution from immorality, corruption and the misuse of power. The court wields the power of judicial review and exercises that power to right acts of injustice or abuse. Without judicial oversight, America would resemble fascist World War II Germany.

The United States Constitution is there to be read, and every ser-

vicemember should challenge themselves to read it, beginning to end. Not for any other purpose than to understand the reasoning behind why we’re here and why we make the sacrifices that we do.

Everyone should know why the military is fighting, bleeding and dying. Everyone has their personal reasons, but protecting democracy and the American way should rate the top of each list. Servicemembers need to remember that the constitution is more than a piece of old paper; it’s a way of life.

“Let us have faith that right makes might, and in that faith, let us, to the end, dare to do our duty as we understand it...”

-President Abraham Lincoln

Hey, Marine, are you practicing ORM?

Station Safety Expo information

There will be an outdoor Safety Expo at the Staff Noncommissioned Officers Club on Friday.
The expo will cover upcoming summer season safety issues which Station Marines and Sailors may face, and maximum participation is encouraged.

The calm before the storm: Tips for hurricane preparation

Lance Cpl. Michael Angelo
correspondent

The skies are drab and overcast. A light drizzle falls as a breeze starts to pick up speed. Soon, the light drizzle turns into a downpour and the wind blows at more than 80 miles per hour. Electricity is flickering on and off. Debris is blowing violently into houses and buildings. Trees fall and windows shatter. For personnel who have lived in this area for a while, the scene is all too familiar.

Hurricane season begins on June 1, and all Marines, Sailors and civilians here should take some time to prepare for what may lie ahead.

“This area is prone to be hit by hurricanes,” said Lance Cpl. Alan J. Lizarraga, Headquarters and Headquarters Squadron weather observer who hails from Coleburn, Va. “The best thing to do is be prepared for the worst.”

What is a hurricane?

A hurricane is a type of tropical cyclone, which is a generic term for a low- pressure system that generally forms in the tropics. The cyclone is accompanied by thunderstorms and, in the Northern Hemisphere, a counterclockwise circulation of winds near the Earth's surface. It has strong thunderstorms with a well-defined surface circulation and maximum sustained winds of 74 mph or higher.

What is the difference between a hurricane “watch” and “warning?”

A hurricane watch means hurricane conditions are possible in the specified area of the watch, usually within 36 hours.

During a watch, bring inside any lawn furniture, outdoor decorations or ornaments, trashcans, hanging plants and anything else that can be picked up by the wind; cover all windows of your home; fill your car's gas tank; re-check manufactured home tie-downs; check batteries; and stock up on canned food, first aid supplies, drinking water and medications.

A hurricane warning means hurricane conditions are expected in the specified area of the warning, usually within 24 hours.

During a warning, listen to the advice of local officials and leave if they tell you to do so; complete preparation activities; if you are not advised to evacuate, stay indoors, away from windows; be alert for tornadoes; remain indoors, in the center of your home, in a closet or bathroom without windows; and stay away from flood waters.

Prepare a personal evacuation plan

Identify ahead of time where you could go if you are told to evacuate. Choose several places--a friend's home in another town, a motel or a shelter.

Keep handy the telephone numbers of these places as well as a road map of your locality. You may need to take alternative or unfamiliar routes if major roads are closed or clogged.

Listen to National Oceanic and Atmospheric Administration Weather Radio or local radio or TV stations for evacuation instructions. If advised to evacuate, do so immediately.

Items to take during an evacuation

Take these items with you when evacuating: prescription medications and medical supplies; bedding and clothing, including sleeping bags and pillows; bottled water; battery-operated radio and extra batteries; first aid kit; flashlight; car keys and maps; documents, including driver's license, Social Security card, proof of residence, insurance policies, wills, deeds, birth and marriage certificates, and tax records.

Prepare a disaster supplies kit

Set aside some time to assemble a disaster supplies kit.

The kit should be kept in the home area and should contain a first aid kit and essential medications; canned food and can opener; at least three gallons of water per person; protective clothing, rain-wear, and bedding or sleeping bags; battery-powered radio, flashlight, and extra batteries; special items for infants, elderly, or disabled family members; written instructions on how to turn off electricity, gas and water if authorities advise you to do so.

What to do after a hurricane

Keep listening to NOAA Weather Radio or local radio or TV stations for instructions. If you evacuated, return home when local officials tell you it is safe to do so, inspect your home for damage and use flashlights in the dark; do not use candles.

Editor's note: Information for this story was taken from the official Red Cross Web site, www.redcross.org/services/disaster, and the National Hurricane Center Web site, www.nhc.noaa.gov.

Station Shelters

Enlisted Club

Bldg. 4038
449-0589
Capacity - 500

Delalio Elementary School

Bldg. TC-1500
449-0601
Capacity - 200

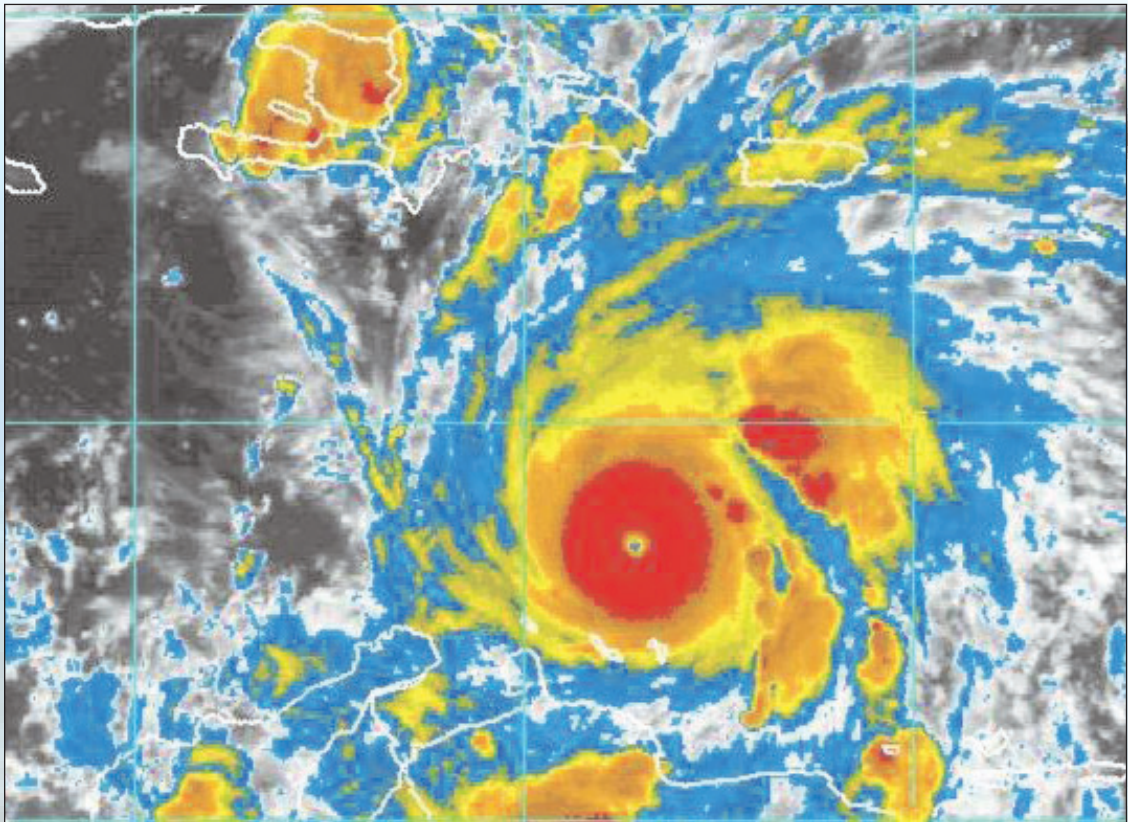
New River Fitness Center

Bldg. AS-4000
449-0294
Capacity - 450

Editor's note: To ensure safety and proper planning, learn which shelter is closest to your location. Do not wait until the hurricane warning to go to the nearest shelter. For more information, see the guidelines to the right.

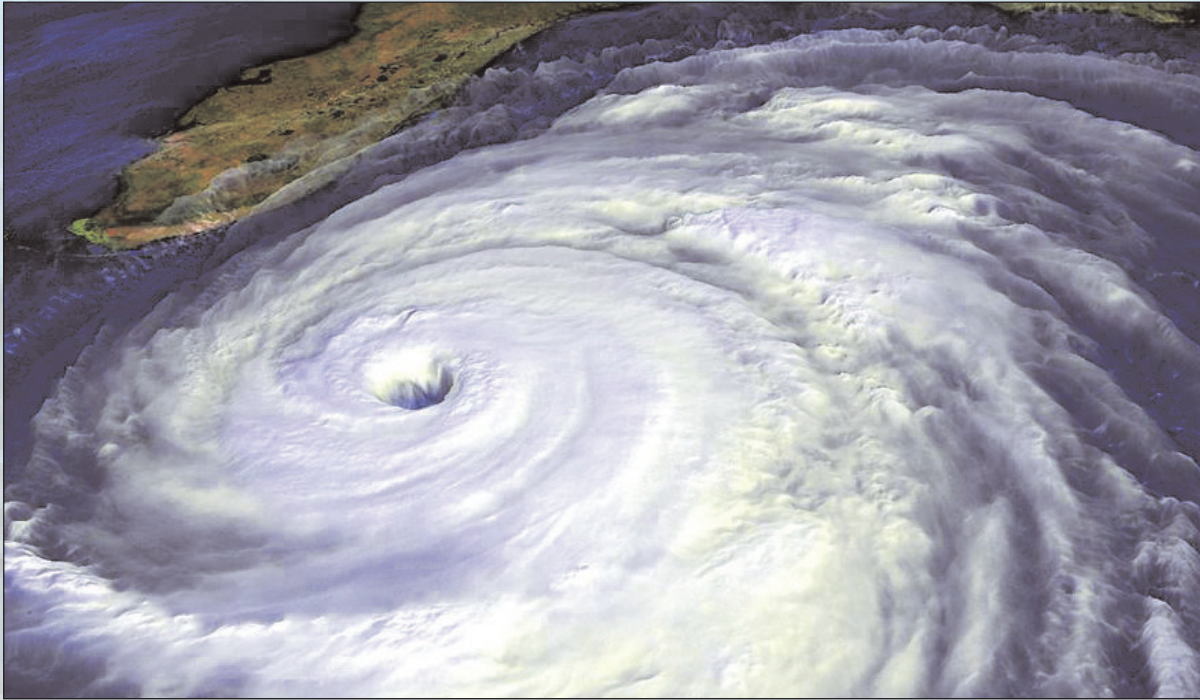


Courtesy photo

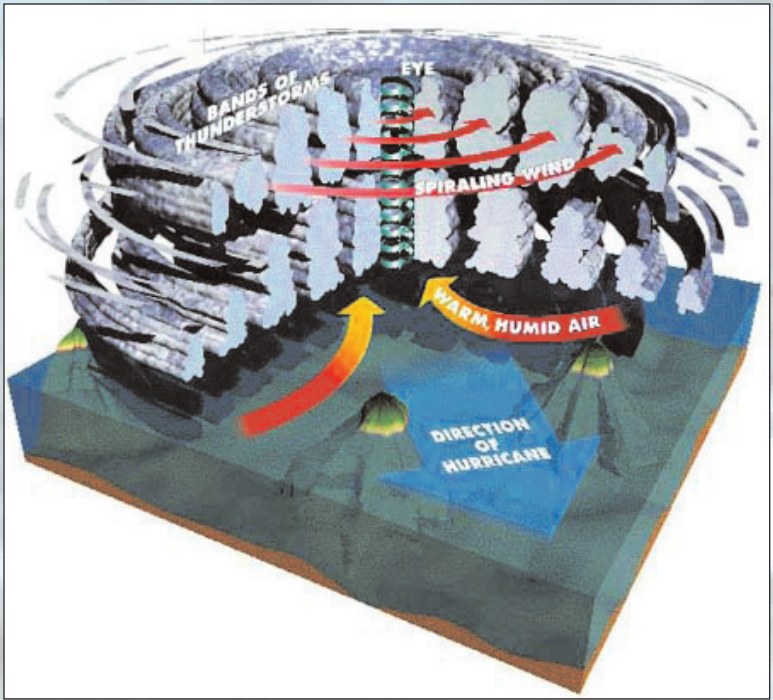


Courtesy photo

(Top left) During a hurricane, do not go outside during the storm. Learn the location of the closest hurricane shelter. Do not wait until the last minute, or after high winds strike, to make your way to safety. Remember to prepare food, clothing, water and medical supplies to weather the storm and potential damage after it has subsided. (Bottom left) A satellite photo shows a massive hurricane off the coast of Florida. During the peak of the 2004 hurricane season, four major hurricanes struck Florida within six weeks. This type of severe weather was last seen on the North Carolina coastal region in 2004 with Hurricane Charley. In the event of a hurricane, personnel should contact their unit for instructions and watch LCTV-10 and other broadcasts for updated information. (Above) A satellite image of the “perfect storm,” a weather event in October 1991 said to be one of the most dangerous in history. A giant low-pressure system was fed by a tropical hurricane, leading to winds in excess of 100 miles per hour and “rogue waves” recorded at over 100 feet in height.



Courtesy photo



Courtesy photo

Hurricane safety precautions

When under the advisement of a hurricane warning or other severe weather conditions, there are several safety precautions necessary to perform in order to minimize injuries and property damage. The following list of safety precautions are not to be considered the only measures necessary. Common sense and the requirements on scene may dictate additional actions that need to be taken.

Before the Hurricane

Keep the radio or television on and listen for the latest weather bureau warning and advisories. Personnel should contact their unit for instructions and watch LCTV-10 and other broadcasts for updated information. Pay no attention to rumors and have a portable radio and extra batteries handy. Stay away from low-lying beaches or other locations which may be swept over by high tides or storm waves. If passage to high ground is over a road likely to be underwater, leave as early as possible. Do not run the risk of being stranded.

If your quarters, home or barracks are out of danger from high tides and is well built, it's probably the best place to weather the storm. Be sure to stock extra food, especially items that can be eaten without cooking or with little preparation. Pack one box lunch per person as a minimum, along with any special dietary foods, medication, clothing and infant care items (i.e., diapers, bottles, towels, nipples, powder, soap and a 24 hour supply of formula).

Check to ensure butane or kerosene camping stoves and fireplaces are in good working order for emergency cooking. Canned heat may also be used.

Store a supply of water for drinking and other purposes by filling bathtubs, bottles and cooking utensils, such as pots and pans. Keep flashlights and other emergency lights in working order and close at hand along with batteries and first aid supplies.

Be sure to have gasoline in your car and fasten or remove all items that might be blown away or torn loose, such as garbage cans, signs, furniture and other objects. Properly secure this loose gear to prevent it from becoming a weapon

during the storm. Also, learn the location of the closest hurricane shelter. Do not wait until the last minute or after high winds strike.

During the Hurricane

If the center or “eye” of the storm passes directly over your position, there will be a lull in the wind lasting a few minutes to a half hour or more. Stay in a safe place, leaving only to make emergency repairs. The wind will return suddenly from the opposite direction, frequently with greater violence.

Remember to remain calm and remain indoors during the storm. Make sure that a window or door can be opened on the leeward side of the house – the side opposite the one facing the wind. Stay away from windows and try to remain in leeward side rooms. Use essential electrical appliances and the minimum of lighting fixtures. Expect power to be turned off as the severity of the storm increases.

After the Hurricane

Do not leave your residence or operate a vehicle until the “all clear” is given by the Destructive Weather Operations Center. Do not touch loose or dangling wires and report broken sewer or water mains.

Guard against spoiled food in refrigerators if power has been off any length of time by minimizing entry inside to retain coldness within.

Unless you are qualified to render emergency assistance, stay clear of disaster areas where you might hamper relief efforts, rescue work and first aid. Drive automobiles cautiously, steering clear of debris. Along the coast, soil may be washed from beneath the pavement, resulting in a collapse under the weight of a vehicle.

Be alert to prevent fires. Lowered water pressure makes fire fighting difficult after a storm.

Additional safety precautions should be taken as required based on the needs of a given situation. The guidelines above are considered general in nature only.

(Left) A diagram illustrates the inside of a hurricane. Hurricanes gather heat and energy through contact with warm ocean waters. Hurricanes rotate in a counterclockwise direction around an “eye,” with winds at least 74 miles per hour. When they come onto land, the heavy rain, strong winds and heavy waves can cause extensive damage. The heavy waves are called a storm surge. Storm surges are very dangerous and a major reason people must stay away from the ocean during a hurricane. For more information visit the National Hurricane Center Web site, www.nhc.noaa.gov.

‘Bengals’ continue fight in Iraqi skies

Cpl. Rocco DeFilippis
contributor

AL ASAD, Iraq -- The “Fighting Bengals” of Marine All Weather Fighter Attack Squadron-224 have achieved a milestone by logging more than 3,000 combat flight hours and 1,400 combat sorties in support of Operation Iraqi Freedom.

Well on their way to 4,000 hours, the hard work and dedication of the Marines and Sailors of VMFA(AW)-224 have enabled the squadron to continue to provide air support to ground units with their F/A-18D Hornets.

“We are flying almost double the amount of hours we normally fly back in the States,” said 1st Lt. Michael R. Greene, weapons and sensors officer and native of Washingtonville, N.Y. “We are able to do this because the entire squadron is working as a team. Every department, every section, works extremely hard



Cpl. Rocco DeFilippis

each day to ensure our birds can fly.”

Although attached to the 2nd Marine Aircraft Wing (Forward) in most ways, the squadron has been receiving mission tasking from the Combined Air Component Command since its arrival in January.

In a few days, the Bengals will begin receiving mission tasking from the 2nd MAW, as their tour with the CAFCC comes to an end.

Because of the versatility and capabilities of their two-seat Hornets, the squadron has worked nonstop to ensure the readiness of their aircraft.

“There is always a real sense of urgency in everything we do,” said Cpl. Adam L. Blank, airframes night-shift supervisor and native of Geneseo, Ill. “We know that Marines on the ground are depending on us to do our jobs, and do them right.”

The Bengals’ commanding officer attributes the achievements of the squadron to the hard work and dedication of the maintenance department. Working around the clock, seven days a week, the maintainers have kept the Hornets in the fight.

Lance Cpl. Timothy D. Burgwald, Marine All Weather Fighter Attack Squadron-224 ordnance technician and native of Hudsonville, Mich., records numbers from ordnance for inventory prior to launch. Hall and the Marines of VMFA(AW)-224 have recently surpassed 3,000 combat flight hours since their arrival here in January.

“We have 210 Marines in this squadron, and it takes every one of them to perform at the level we have been,” said Lt. Col. Will E. Thomas, commanding officer and native of Kingston, Pa. “One word describes their work ethic: tireless. They believe in our mission and work each day to provide the best air ground support possible.”

“Our squadron is blessed with great leaders, staff noncommissioned officers and non-commissioned officers,” said Gunnery Sgt. Richard P. Bright, quality assurance chief and native of Lone Grove, Okla. “We have a wealth of experience, and by their motivation to learn and excel in their jobs, the younger Marines are echoing the same enthusiasm.”

With the maintenance department broken down into various shops and sections, teamwork within the department is critical to mission accomplishment.

Bright said the Marines have always been

able to depend on each other, regardless of section, to tackle any task that comes their way.

“No one shop thinks they are better than another,” Bright said. “That allows us to work together for the good of the whole mission. Everyone is on the same page, striving for the same goal.”

“Everyone helps out each other,” Blank said. “There is always someone willing to give you a hand when you are swamped, the same as you help them when you have less to do.”

As the squadron prepares to fly under the direction of the 2nd MAW, the Marines are prepared to tackle the new assignment with the same enthusiasm and dedication.

“We are here supporting a just cause and the Marines are committed to this mission,” Thomas said. “I couldn’t be any prouder to be their commander. Regardless of whom we receive our tasking from; these Marines are going to accomplish the mission.”

Crime Stoppers help police Jacksonville

Master Sgt. Brenda Donnell
correspondent

Crime Stoppers of Jacksonville/Onslow is making a difference in the crime rate of the community, according to statistics provided during the Crime Stoppers annual auxiliary board meeting May 12 at the Jacksonville Country Club.

In the last twelve months, Crime Stoppers tips led to 60 arrests, said Jacksonville Police Department Sgt. Ray Geller, Crime Stoppers law enforcement coordinator.

Other statistics include 417 calls taken at the call center and 250 tips.

Tips leading to arrests or indictments net cash rewards up to \$2,500, a \$1,500 increase implemented in March. All calls are anonymous and rewarded to the tipster by a code system.

State and local law enforcement agency personnel attending the meeting in support of Crime Stoppers included Col. Donald J. Anderson, assistant chief of staff, Installation Security and Safety Department, Anti-Terrorism and Force Protection, Marine Corps Base, Camp Lejeune, N.C.; Maj. Eric J. Eldred, Provost Marshall, MCB Camp Lejeune; Michael Yaniero, JPD Chief of police; Sheriff Ed Brown, Onslow County; Clayton Jones, Naval Criminal Investigative Service, Carolinas; and the chiefs of police from surrounding cities.

All touted the local Crime Stoppers, which Auxiliary Board Chairman Joe Yanessa said has two things that set it apart from other Crime Stoppers programs across the country.

"Number one, this is the largest military and civilian law enforcement-joint Crime Stoppers program in the United

States," he said. "Number two, (the Crime Stoppers law enforcement coordinator position) is a primary job in many places in North Carolina."

Crime Stoppers is not only for civilians, said Yanessa. It's also a way for service members in military housing and in the barracks to report crime.

Last August, "The Globe," Camp Lejeune's base newspaper, printed a Crime Stopper's photo of a Marine who took money that wasn't his from an automated teller machine in Jacksonville, he said. The Marine turned himself in the same day the paper came out.

Also, during the meeting, Eldred, Yaniero, Brown and Jones presented information about crime, statistics and trends in both the civilian and military sectors.

Yaniero, Brown and Jones all agreed that crime in the Jacksonville/Onslow County area is low compared to other cities nationwide, and while Crime Stoppers may be one of the reasons, the main reason is the good relationship between the local civilian and military law enforcement agencies.

"Our reputation of catching the criminals is the reason the crime rate is so low," said Brown. "We work together – the local, state and military – and that upsets the criminal element."

Brown said no matter where good people make their homes, a safe community is the most important thing in their lives.

According to Yaniero, there have been no homicides since 2003, and there has been a three percent reduction in crimes here.

"It's due to the communication between the law enforcement agencies," he said.

While many of the Marines and Sailors here live off base and fall under Jacksonville and Onslow County law enforcement agencies, those living on base benefit from a low crime rate as well.

According to Eldred, Camp Lejeune and New River are very safe places to live and work due to the controlled access of the bases, but the Military Police District is trying to make life even better for housing residents.

"For an emergency, we have a three-minute response rate and a six-minute response rate for non-emergencies," he said. "We are improving some public services; we are reinstating bike and walking patrols and establishing a community outreach."

According to Gunnery Sgt. Woodrow Owens, Station MPD operations chief at New River, some of the same programs, like bike patrols, are also being implemented here.

Others attending included Earl Taylor, Onslow County School System, and Gary Cassevah, assistant chief of staff, Marine Corps Community Services, MCB Camp Lejeune.

Taylor said many principals and other school personnel see Crime Stoppers as an important tool to combat crime in their schools, and their jobs are made easier because of Crime Stoppers.

Cassevah said MCCS is a supporter of Crime Stoppers.

He said alcohol, drugs and financial problems can contribute to crime, and MCCS is also doing its part by providing classes such as alcohol abuse counseling, drug demand reduction programs and financial counseling through Marine Family Service Centers.

If you have a tip about a crime, whether on a military installation or not, call 938-3273.



June 4th
0800 - Noon
MCAS Exchange parking lot

To reserve stop by Gear Issue

Yard Sale

\$5 per table
(maximum 2 spaces per person/family)

40 spaces available to Active Duty, Retirees & Dependents.
(First come, First serve)

Details call
449-6387

Pay for space at
Gear Issue (bldg. 112)
M-F 8 a.m. - 4:30 p.m.

This event is open to all buyers!

AUTHOR-A-MONTH

STORYTIME

FOR PRESCHOOLERS

MC CS
MARINE CORPS Community Services New River

AT THE
STATION LIBRARY

MAY 23RD
2:00 P.M.

FOR MORE DETAILS
CALL 449-6715

PRE-SCHOOL DEPENDENT CHILDREN AGES: 2 - 5

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AUTHOR: "STEVEN KELLOGG" STORYTIME
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H&HS barracks meet brings out the 'rats,' triggers squadron pride

Story and photos by
Lance Cpl. Michael Angelo


Station Headquarters and Headquarters Squadron hosted a field meet for all squadron Marines living in Barracks 4035 on April 30.

The field meet was open only to those Marines who live in the barracks and was the original idea of the H&HS Commanding Officer Lt. Col. Gregory F. Kleine, said Staff Sgt. David J. Ault, H&HS communications chief and event co-organizer.

"The CO wanted to do something for the Marines who live in the barracks," said Ault, a native of Oologah, Okla. "Married Marines get to have family days, but the Marines from the barracks don't get to enjoy those."

According to Staff Sgt. Andrew C. Wickenden, H&HS training chief who hails from Syracuse, N.Y., the event was the first of its kind and was staffed by volunteering section chiefs and other squadron Marines.

"It was not an appointed place of duty," said Wickenden. "Everybody there volunteered to be there. Nobody was 'voluntold.'"



Second deck Marines celebrate their overall victory in the barracks meet competition held on April 30. The field meet was unique because it was not an appointed place of duty, said event organizer Staff Sgt. Andrew C. Wickenden.

The field meet consisted of six events and pitted each deck against the others.

The events were: a basketball tournament, a volleyball tournament, a loop relay run, tug of war, dizzy izzzy and a flag football tournament.

There were prizes and awards given to individuals and teams, and the entire winning deck received the grand prize – a trophy and a general cleanup during field day.

Other rewards included "Get Out of Field Day Formation" placards and individual "general cleanup" passes, said Wickenden.



Staff Sgt. Andrew J. Tator, Aircraft Rescue and Firefighting section leader from Cobleskill, N.Y., (left), and Cpl. Patrick Meier, ordnance technician from Bolingbrook, Ill., jump for a rebound in the basketball tournament at the barracks field meet on April 30. One of the objectives of the meet was to build a sense of teamwork within the squadron.

In the overall score, second deck earned first place.

"I'm proud of how second deck worked together to win the field meet," said second deck noncommissioned officer Cpl. Adam D. Hackley, who hails from Grand Junction, Colo. "We won because we worked well together as a team."

According to the barracks field meet letter of instruction, the event was conducted to build the morale, motivation and enhance cohesiveness and further develop the squadron into a team.

"It definitely pulled the barracks together as whole," said Lance Cpl. Jeremy R. Packer, communications network specialist from Lewistown, Pa. "I had a lot of fun and would like it if we could do it again."

Ault said based on the success of event, the barracks meet could turn into an annual or biannual event.

"The field meet was what the Marines made of it; we simply afforded them the opportunity," he said.



Private first class Steven P. Nelson, air traffic controller from Pensacola, Fla., serves the ball in the volleyball tournament at the barracks field meet on April 30. The volleyball tournament was one of the six events in the field meet.



Private Benjamin L. Archer, Installation Personnel Administration Center administration clerk from Jacksonville, Fla., takes the snap in the flag football tournament at the barracks meet on April 30. Archer helped lead the second deck team to a win in the football tournament and the overall competition.

PARENTSS award bowlers after 10th frame

Lance Cpl. Michael Angelo
correspondent

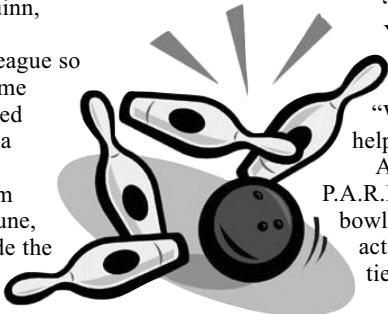
The Parents Advocate for Recreation and Enrichment Needs for Today's Special Society group hosted their final bowling game of the season at the Station Bowling Center on Sunday.

The season has been in effect since September 2004, and 34 athletes were awarded trophies following the game at the Station Youth Activity Center for their participation in the season, said Laura Quinn, P.A.R.E.N.T.S.S. president.

"Our bowling league is a fun league so some athletes used bumper rails, some used the ramps and then some bowled regular," said Quinn. "Everyone is a winner."

The group received support from the Marine Corps Base, Camp Lejeune, N.C., Officers Wives Club, and made the bowling league a regular part of their schedule by bowling every other Sunday.

"Our bowling league has received money from the OWC at Camp Lejeune to help pay for trophies and for banquet expenses," said Quinn. "Each athlete received a



trophy with their name and high game on it."

Throughout the season, personnel from the Station Bowling Center grew acquainted with the group and accommodated them as much as possible, said Debi Alley, P.A.R.E.N.T.S.S. secretary.

"They were all very helpful," she said. "They got to know us all so well they were able to remember some of the kid's shoe sizes. They are a great group of people."

With the bowling league over, the group is moving into their softball/teeball season, said Quinn.

"Registration is Sunday, May 22, at the Youth Community Center from 2:30 to 4 p.m., and there is a registration fee of \$5 per family or group home," said Quinn. "We are always looking for volunteers to help."

According to the group pamphlet, P.A.R.E.N.T.S.S. was organized in 1991, and the bowling excursions are just one of the many activities they organize to provide opportunities for persons with disabilities.

P.A.R.E.N.T.S.S. is a non-profit organization, and is open to all families with a child or adult who has special needs.

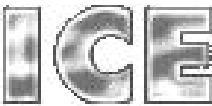
For more information about P.A.R.E.N.T.S.S., call Quinn at 455-9539.



The first deck team pulls their way to victory in the tug of war competition at the barracks field meet on April 30. Each deck competed against the others to win "Get Out of Field Day Formation" placards and other rewards.

Station ‘ICE’ statistics

Month	# of responses	% responded to	% satisfied
Dec-04	4	100	20
Jan-05	7	100	43
Feb-05	10	85	50
Mar-05	18	94	14
Apr-05	5	83	80



Go to www.newriver-.usmc.mil and click on the ICE logo in the bottom right corner. Questions or comments, call 449-5455 .

CISM helps to overcome the trauma

Pfc. Jonathan A. Tabb
correspondent

When an accident occurs, it is the job of first responders to talk with victims and explain to them what has happened and to help get them through a stressful situation. But who can the first responders talk to?

One option is the Critical Incident Stress Management team. According to the CISM team coordinator and Holly, Mich., native, Karen S. Slack, the team's primary job is to help talk people through difficult times.

When there's an incident, such as traffic accidents, fires or tornadoes, Slack will contact all the team members, go to the affected area and talk to the people about what occurred.

"One thing we try to make clear is it's not counseling," she added. "It's speed recovery."

According to Slack, CISM originated as a program developed by first responders, such as firefighters, local law enforcement and emergency medical technicians, as a way to help people involved in a traumatic experience cope with difficult feelings.

The unique thing about CISM is it's a statewide program, not just for the Marines and Sailors, Slack explained. Marilyn Nakamura, MFSC prevention education specialist and CISM team member, said the program is used to help identify the symptoms commonly associated with certain traumatic experiences, explain that they are normal occurrences and give the people the opportunity to discuss their feelings.

"We split them up in to small groups," the Wanheth, N.Y., native said. "And doing so helps the people feel more comfortable with the situation."

The CISM team consists of approximately 40 members and six stand-by members. According to Slack, this num-

ber varies because of deployments and returns.

"We try to have peers and mental health workers available for support," she explained, "especially when a family member has passed away."

Slack said she hopes to get the word out to all servicemembers that this program can help them.

"Some people, especially Marines, often feel they have to 'tough it out' and then they go home and maybe have nightmares.

This program allows them to talk about it and shows them that their buddies are probably going through the same thing," she said.

According to Slack, several symptoms related to traumatic experiences can be broken into two groups: physical and emotional symptoms.

Physical symptoms can include fatigue, nausea, headaches, feeling weak, fainting and loss of appetite. The most common emotional symptoms are guilt, grief, fear, depression, being overly irritable or constantly agitated.

"We recommend that they try to stay busy and not to sit around all day thinking of what happened," she said.

"I think it's a great program," said Nakamura, "It helps a lot more than you might think."

For more information contact the Family Service Center at 449-6110.

Memorial Chapel Services

Catholic 9 a.m.
Protestant 11 a.m.

For more information call the Memorial Chapel at 449-6801.



'War Eagles' building strong bonds

Lance Cpl. Jeffrey A. Cosola
correspondent

Marine Aircraft Group-29 is sponsoring marriage enrichment workshops for servicemembers and dependents throughout May at the Family Team Building Center here.

The marriage-emphasis courses, provided in conjunction with the Marine and Family Service Center, the Navy Marine Corps Relief Society and other support agencies, are designed to provide Marines and Sailors with the skills and knowledge necessary to withstand challenges unique to marriage and especial to military unions, said Navy Commander Fred A. Hilder, MAG-29 chaplain from Poquoson, Va.

"Marriages are always under a lot of stress financially, relationship-wise and with raising children," said Hilder. "In the Marine Corps, with deployment demands and with the operational commitments we're required to respond to, it puts even more pressure on a marriage."

To combat stress and the traditionally high rate of divorce among first time enlistees, the Station support community is holding the second of two marriage enrichment, one-day workshops on May 24.

In addition, the "Song of Solomon," a contemporary relationship study seminar on love, sex, marriage and romance, for those married and single, is being held now through June 8, from 11 a.m. to 12:30 p.m. in the MAG-29 Annex Lounge, said Hilder.

Servicemembers will also have the chance to attend the pre-marriage and newly married one-day workshop on May 20 from 8 a.m. to 4 p.m., which satisfies the established requirements located in Air Station Order 1752.1L, concerning family advocacy, that personnel 26-years-old and younger must complete before being married.

"Everyone can go to all of these classes and get something out of each that is different and useful," said Hilder. "These classes help teach communication techniques and how to deal with conflict."

The marriage enrichment classes can benefit all Station Marines and Sailors deal-

ing with marriage, said Hilder.

According to a study conducted on first-term Marines in 1980, when the divorce rate peaked in the United States, divorces occurred in one out of every two marriages. While the civilian divorce rate has remained constant into the 1990's, the Marine Corps has seen its overall divorce rate increase.

Coincidentally, between 1980 and 1993, Marine Corps divorce rates jumped to 77 percent. Looking closely at the increase in divorces for first-term Marine privates through corporals, the divorce rate has increased 117 percent.

"Spring is a great time to prepare for and work on marriage," added Hilder.

For more information or to register, contact the MAG-29 Chaplains Office at 449-6866.

Class Schedules

Song of Solomon Relationship Study

Today to June 8 from
11 a.m. to 12:30 p.m. at
Marine Aircraft Group-29
Annex Lounge

Pre-marriage and Newly Married Workshop

Friday from 8 a.m. to
4:30 p.m. at the Marine
Family Team Building Center

Marriage Enrichment Workshop

May 24 from 8 a.m. to
4:30 p.m. at the Marine
Family Team Building Center

Marine Family Service Center

Retired Affairs

Each Wednesday and Friday
8 a.m. - 12 p.m.

The retired affairs representative can provide retired service members and spouses with information regarding benefits, entitlements, privileges and legal assistance.

Keystone Meetings for Teens

Each 1st and 3rd Friday
6 - 7 p.m.

This is a Boys and Girls Club Program that offers an

opportunity to gain leadership skills, participate in and earn community service hours as well as social activities. Come voice suggestions and plan events.

On the 3rd Friday of each month a teen-selected prevention topic is presented.

Transition Assistance Program

May 16 and 17
8 a.m. - 4:30pm

This is a two-day career options workshop which helps assess, knowledge, skills and abilities and

apply military acquired skills in the civilian employment sector.

Topics include resume preparation, job search, interview skills, dress standards, job negotiations and more.

Pre-registration is required through unit transition counselors.

Stress Management, Part III - Conflict Resolution

May 17
1:30 - 4 p.m.

This is the third class in a four part series focusing on han-

dling and resolving conflicts both in the home and in the workplace.

Stress Management, Part IV - Anger Control

May 24
1:30 - 3:30 pm

Attend the fourth class in the four part series and learn to identify anger styles and find practical ways to manage "out-of-control" emotions.

Relaxation Techniques

May 31

1:30 - 3:30 pm

Several techniques are taught and practiced by the class members to achieve deep relaxation.

These techniques help relieve tension and stress, producing a wonderful feeling of peace, well-being and being energized.

For more information about programs or to pre-register for one of the classes, please call 449-6110/6185 or visit the Web site at <http://www.lejeune.usmc.mil/mcas-nr/fsc/fschome.htm>.

LC10 LCTV-10 Schedule LC10

May 20 - 27

Show Title	Show Times
The Morning Report	8 a.m., 12 p.m., 4 p.m. 8 p.m., 12 a.m., 4 a.m.
Air Force News	8:30 a.m., 4:30 p.m., 12:30 a.m.
Your Corps	9 a.m., 5 p.m., 1 a.m.
Army News	9:30 a.m., 5:30 p.m., 1:30 a.m.
War Dogs.....	10 a.m., 6 p.m., 2 a.m.
Maryland: Travel.....	11:30 a.m., 7:30 p.m., 3:30 a.m.
Pacific Report.....	12:30 p.m., 8:30 p.m., 4:30 a.m.
Navy Marine Corps News.....	1 p.m., 9 p.m., 5 a.m.
Stanford.....	1:30 p.m., 9:30 p.m., 5:30 a.m.
Pentagon Ch. On Assignment	2 p.m., 10 p.m., 6 a.m.
Pentagon Ch. Studio 5	2:30 p.m., 10:30 p.m., 6:30 a.m.
Behind the Veil.....	3 p.m., 11 p.m., 7 a.m.

FEATHERNECK

CRAIG H. STREETER



'Guys and Dolls' perform at Delalio



Lance Cpl. Michael Angelo

Students from Delalio Elementary School perform scenes from "Guys and Dolls" at the school theater May 5. The students have been rehearsing since December, said Delalio Principal Carol Batchelor. The children performed for visiting middle schools, high schools and for the Officers Wives Club, who helped provide the school with lights. The play's entire cast consisted of fourth and fifth-grade students and one third-grade student. According to Batchelor, at least half of the students involved in the play have parents deployed, and the play helped bring students together.

Station Theater Movies

May 14 - 25

Day/Date	Time	Title	Rating	Length
Sat. May 14	7 p.m.	Beauty Shop	PG-13	105 min.
	9:30 p.m.	Ring 2	PG-13	111 min.
Sun. May 15	3 p.m.	Ring 2	PG-13	111 min.
	6 p.m.	Guess Who	PG-13	104 min.
Mon. May 16	7 p.m.	Ring 2	PG-13	111 min.
Wed. May 18	9 a.m.	Guess Who	PG-13	104 min.
	7 p.m.	Guess Who	PG-13	104 min.
Fri. May 20	7 p.m.	Fever Pitch	PG-13	107 min.
	9:30 p.m.	Ring 2	PG-13	111 min.
Sat. May 21	7 p.m.	Guess Who	PG-13	104 min.
	9:30 p.m.	Sin City	R	124 min.
Sun. May 22	3 p.m.	Sin City	R	124 min.
	6 p.m.	Fever Pitch	PG-13	107 min.
Mon. May 23	7 p.m.	Sin City	R	107 min.
Wed. May 25	7 p.m.	The Upside of Anger	R	116 min.



The theater snack bar opens 30 minutes before the first movie and closes 45 minutes after the last movie begins.

Movies and times are subject to change.



For more information, call the Station Theater at 449-6292 or 449-6528.

A \$1 admission fee is charged for ages seven and above.

Public invited to Station Open House

Compiled by
RotoVue Staff

For a chance to see Marine Corps servicemembers and their aircraft, come to the MCAS New River 2005 Open House on May 25 at 1 p.m. where Ospreys, Super Stallions, Sea Knights, Cobras and Hueys are on display.

All of these aircraft are flown by personnel stationed at squadrons on MCAS New River. The military men and women who fly the aircraft here will also be on hand to talk to visitors.

In addition to the Marines and their flying machines, the Open House is featuring the Canadian Forces Snowbirds Jet Team.

The Snowbirds are celebrating their 35th anniversary this year, and to date, have flown

for more than 116 million spectators across North America. As ambassadors for Canada, the Snowbirds' mission is to demonstrate the skill, professionalism and teamwork of the Canadian Air Force and the Canadian Forces, and to act as a platform for recruiting.

Snowbirds pilots fly the Canadian-built CT-114 Tutor. Based at 15 Wing Moose Jaw, Saskatchewan, they conduct rigorous training in preparation for the show season. The pilots and technicians of the Snowbirds are selected from across the Canadian Air Force and come from across Canada.

Also featured are the U.S. Army "Golden Knights," considered to be the world's best parachute team, now in their 44th year entertaining both young and old.

Stationed at the "Home of the Airborne," Fort Bragg, N.C., the 90 soldiers who make up the "Golden Knights" come from many diverse backgrounds and have been trained in one of the 200 military occupational specialties the Army offers.

The Black and Gold Demonstration Teams spend more than 270 days a year entertaining more than 12 million people at air shows and special events around the country and the world. The teams have performed more than 8,500 live aerial demonstrations in all 50 states and 47 countries, earning them the title of the "Army's Goodwill Ambassadors to the World."

Another hallmark performance at the Open House is by the distinguished United States Marine Corps Silent Drill Platoon. The 24-Marine rifle platoon executes a series of calculated drill movements with precise handling of their hand-polished, 10 and one-half pound, M-1 Garand rifles with fixed

bayonets. The routine concludes with a unique rifle-inspection sequence featuring elaborate rifle spins and tosses.

The Silent Drill Platoon first performed in the Sunset Parades of 1948 and received such an overwhelming response that it soon became a regular part of the parades at Marine Barracks, Washington, D.C. These Marines are individually selected from the Schools of Infantry located in Camp Pendleton, Calif., and Camp Lejeune, N.C., through interviews conducted by Barracks personnel. Once selected, Marines are assigned to Marine Barracks, Washington D.C., to serve a 2-year ceremonial tour.

Not to be outdone, the United States Marine Drum and Bugle Corps is also appearing. The Corps of more than 80 Marine musicians is known worldwide as a premier musical marching unit.

The history of the unit can be traced to the early days of the Marine Corps. In the 18th and 19th centuries military musicians, or "field musics," provided a means of passing commands to Marines in battle formations. The sound of various drum beats and bugle calls could be easily heard over the noise of the battlefield and signaled Marines to attack the enemy or retire for the evening.

In addition to these performers, the 2d Marine Aircraft Wing Band is scheduled to play a selection of military music and other favorites. The 2d MAW Band represents one of the finest organizations in musical excellence. This ensemble of Marine musicians completes more than 150 commitments annually and travels in excess of 30,000 miles.

Other military equipment on display includes the M-1 Abrams Main Battle Tank,

the backbone of the armored forces of the United States military; the Light Armored Vehicle-25, an all-terrain, all-weather vehicle with night capabilities; and the Assault Amphibian Vehicle Personnel Model 7A1, an armored assault amphibious full-tracked landing vehicle.

Gates open at 11 a.m., and the show starts at 1 p.m. The show is free of charge and open to the public. Free parking is also available.

Visit our Web site at www.newriver.usmc-mccs.org to find out more and call 449-4173 to find out about last minute changes or instructions.

Editor's note: Information obtained from www.airforce.forces.ca and <http://www.newriver.usmc-mccs.org>.

Road Closures on Station

Expect traffic delays aboard the Station during the Canadian Forces Snowbirds Jet Team demonstration. For safety reasons, the southeastern vicinity of the Station -- on Curtis Road by the runways, near officer housing, officers bachelors quarters, the Station Officers Club, the Station Staff Noncommissioned Officers Club and Marina -- will be closed. Guards will be posted to prevent automobile traffic movement within the designated "airbox."

The roads will be closed from 1:45 to 3:30 p.m., and will only be closed during the Snowbirds demonstration.

What to bring

Guests are encouraged to bring the following items: lawn chairs, blankets, baby strollers, food, cameras, sunscreen, ear plugs and bottled water.

What to not bring

The following items are not allowed at the Open House: pets, coolers, wheeled vehicles or toys, glass containers, guns or knives, alcoholic beverages and fireworks.



The U.S. Army
Golden Knight
Parachute Team

The U.S.
Marine Corps
Drum and
Bugle Corps



The 2d Marine
Aircraft Wing
Band

The U.S. Marine
Corps Silent Drill
Team



All performances are subject to availability and may change.